

Prayer against bad thoughts

(Having crossed yourself, say with a humble heart)

O Lord, my God and Master in whose hands is my fate, protect me according to Your mercy and permit me not to perish with my transgressions, nor to follow the will of my body which through lust wars against the spirit. I am Your creation, do not despise the work of Your hands. Turn not from me; have mercy but do not let me be humiliated. I am weak, do not despise me, O Lord, because I flee to You, my Protector and my God: heal my soul for I have sinned against You; save me for Your mercy's sake, for I have been faithful to You from my youth; let them be put to shame who seek to separate me from You through unclean deeds, bad thoughts, useless memories; drive away from me every uncleanness, every evil, for You alone are Holy, Mighty, Immortal, infinitely, powerful in all things, and You grant to all people strength to fight against the devil and his armies.

For to you is due all glory, honor and worship, to the Father and the Son and the Holy Spirit, now and ever and unto the ages of ages. Amen.